The year 2004 brings a new chapter to the history of QUO VADIS. The long awaited follow-up to the albums Day Into Night (2000) and “Forever...” (1996) demonstrates mature songwriting by a band constantly pushing the limits. Just as with the release of previous albums, both of which have been critically acclaimed – nominated as “Best new Canadian Talent” by the 2001 Canadian Music Network Awards, QUO VADIS refused to simply clone the sounds and ideas that brought previous efforts their recognition. Instead their new offering, like it’s predecessors, is an evolution, a step forward and a challenge to the status quo.

Musically, the album will impress both the fans of Death and Prog metal. The band manages to balance odd time signatures and tempo changes with an exceptional sense of melody and power – an equilibrium achievable only by the combination of Frydrychowicz and Bercier’s playing styles. DiGiorgio’s fretless meanderings compliment the rhythm section with counter melodies not heard since DEATH’s Individual Thought Patterns. Imposing vocals, solos, as well as the tasteful use of piano, cellos and choirs complete the offering for an unforgettable experience.

This uncompromising attitude has pushed QUO VADIS to part ways with long time members, Arie Itman and Remy Beauchamp, and to enlist a full time vocalist Stephane Paré as well as Steve DiGiorgio, Roxanne Constantin and William Seghers to complete the album lineup. Mixed and mastered at Morrisound Studios in Tampa Florida by Jim Morris this album will be unlike any other release of 2004.

LIVE PERFORMANCES

With a new live lineup QUO VADIS has criss-crossed the eastern and central Canada in the 5 months prior to the November album release, playing sold out shows and covering close to 10,000 km. The band had the honor of headlining such events as the Friday night of Trois Rivieres Metalfest alongside such legends as Cryptopsy (Saturday) with direct support from Misery Index as well as headlining the Rouyn Open Air in July.

RELEASES

<table>
<thead>
<tr>
<th>Title</th>
<th>Year</th>
<th>Distribution</th>
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<tbody>
<tr>
<td>“Forever...”</td>
<td>1996</td>
<td>Skyscraper/Fusion III</td>
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<tr>
<td>“Day Into Night”</td>
<td>1999</td>
<td>Skyscraper/Fusion III /Connected/ Deadsun</td>
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<tr>
<td>“Passage In Time”</td>
<td>2001</td>
<td>Skyscraper/Fusion III Sales/orders:</td>
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<tr>
<td>“Defiant Imagination”</td>
<td>2004</td>
<td>Skyscraper/Fusion III</td>
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Mixing: Jim Morris/Morrisound Studios

www.quovadis.qc.ca  band@quovadis.qc.ca
"Quo Vadis has, hands-down, crafted the best work of its career. By fusing a heightened sense of texture, dynamic and, above all, song-writing prowess, Defiant Imagination will weigh in as one of 2004’s finest if there is any justice in this world..."

Brave Words & Bloody Knuckles/Digital Metal - David Perri

"Quebec heavyweights Kataklysm and Cryptopsy have reason to listen for the loud footsteps of upcoming technical death wizards Quo Vadis. Defiant Imagination, complete with a Jim Morris mix and guest bass legend Steve DiGiorgio, is a juggernaut of complex death and destruction that nods towards vintage Carcass for inspiration."

Brave Words & Bloody Knuckles - Tim Henderson 8.5/10

"Every time I hear this, I hear a new bass run, new melodies (...) one of the strongest progressive/technical death metal albums of 2004!"

metal-rules.com – 4.5/5

"...( ...this is the best Quo Vadis album to date. With talented player/writer Bart Frydrychowicz & the lead guitar of William Seghers, the solid rhythm section composed by Yanic Bercier (drum) and veteran bassist player Steve DiGiorgio (Testament, Death, Vintersorg, etc.), it sound just awesome! (...) blending melodic landscape with brutal complex passages with a lot of different layers, make this album sounds near perfection! We're talking about a masterpiece here!"

TheDarkestHours.com – Patrick Dumas – 90/100

"...one time through and you'll feel as though you've been grabbed by the throat and kicked in the head, especially with those speedy kick-drum blasts. What Quo Vadis does exceedingly well is take the brutality of standard death metal (blasts, growls, etc) and add some rather progressive arrangements, and semi-melodic delivery. In fact, I'd call these guys progressive death metal, rather than technical death metal..."

Metal Maniacs/PIT/Live4Metal - Scott Alisoglu

"The band's forward momentum is a consistent revolving spectrum of intense ideas and breakneck mayhem. Unique in every sense of the word."

UNRESTRAINED!

« Tous les éléments sont réunis pour faire de ce troisième album de Quo Vadis un succès : mélodies aussi intenses qu'épiques dans leur progression rythmique. Lourdeur implacable des morceaux et de la voix du nouveau chanteur Stéphane Paré, qui place par ailleurs ses mots toujours aux bons endroits. Les morceaux ne sont pas seulement heavy, ils sont aussi mélodiques, technique irréprochables et consistants. Rien de mieux qu'un mélange de death, de thrash et de heavy métal intelligent qui se laisse en plus découvrir au fil des écoutes. L’album est un tout qu’on écoute d’une traite, sans parti pris pour l’une ou l’autre des pièces. On peut donc parler d’un disque parfaitement bien équilibré. »

Voir Montreal/CISM 89.3 FM – Christine Fortier

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