Quo Vadis - the name is taken from Latin and means 'where you're going.' This foursome from Quebec have been on the metal highway for some time now. Vocalist/guitarist Arie Itman talks about his travels.

"We started back in 1992 as a cover band doing Metallica and Megadeth. Then we began working on originals and included them in our set." The band's first CD, Forever was licensed to Earth A.D. Records in Germany and Immortal Records in Poland. After playing several gigs with Kataklism, fellow French-Canadian growler Maurizio Iacono helped secure a licensing deal with Hypnotic Records for album number two, Day Into Night.

Arie responds to the numerous Carcass comparisons Quo Vadis receive. "Carcass is one of my favorite bands. I was at home one day, playing Carcass for my mother, so she could hear what they sounded like. I started joking around and singing like Jeff Walker and it kind of stuck. That's the way it happened. It wasn't an intentional thing. I just have a similar voice to him."

Shreds of Testament can also be heard within QV, again due to Arie. "Alex Skolnick is my guitar teacher. I had to audition to get lessons from Alex. I got in and it's going pretty well. He's a great teacher."

Taking control of the interview himself, Arie goes on to say, "Day Into Night is more towards good old metal. All of us have a big background in science, art and literature so we don't go for the shock value of using the words Devil or Satan or writing stupid lyrics just for the sake of writing them. It's not the way we think. Every song on the album has something important for all of us. If you read the lyrics, every song is distinct. A song like 'Dysgenesis' is based on my genetic background in biology. I'm using ideas from that but I'm talking about something more personal."

Guitarist Bart Prydrychowicz reinforces Arie's point. "We have something to say with our music. We know how to say it with metal; we don't need additional dressing or puff or whatever you want to call it."

Although Day Into Night is still relatively new, Quo Vadis are already concentrating on their third release, as Arie confirms. "Our basis is in thrash and speed but diversity is very important to us. We have new ideas for the next album that will really push us to the next level. Nothing too weird but it's really good, solid music. Personally I'm going to want to put some good solos into it. It's fun because I'm really into the solo aspect and some of the other guys are more into the groove aspect." Bart throws in his two cents: "It will probably have more blastbeats."

For more info log onto www.quovadis.qc.ca or email quovadis@musician.org